

# Nutricomp® Standard Fibre

Standard Diet with Fibre



- Caloric density: 1 mL = 1 kcal
- High quality protein:
  - 60 % milk protein
  - 40 % soy protein
- Fat as a combination of
  - rapeseed oil
  - soy oil
  - MCT oil
  - fish oil
- **Balanced ratio of w-3, w-6 and w-9 fatty acids**
- Carbohydrates as maltodextrin with high percentage of polysaccharides
- **1.5 % fibre with special prebiotic fibre composition**
- Caloric distribution (% kcal): **protein : fat : carbohydrates 15 : 30 : 55**
- Free of gluten, purines, cholesterol, practically free of lactose
- Osmolality: 300 mosmol/kg  
Osmolality: 250 mosmol/L

## Indications

If nutritional support is indicated in patients

- with impaired nutrient uptake
- after trauma
- with malnutrition, consuming diseases, convalescence
- with gastroenterologic diseases
- with anorexia, e.g. geriatric and psychiatric patients

## Contra-indications

- complete gastrointestinal dysfunction
- metabolic conditions that require a different nutrient selection (e.g. renal failure, decompensated liver cirrhosis)
- if fibers are contraindicated

## Dosage

According to the requirements of the patient.  
Average daily intake:  
1,500 - 2,000 mL  
(1,500 - 2,000 kcal)

Nutrition information	per 100 mL	per 200 mL	per 500 mL
Energy	421 kJ 100 kcal	842 kJ 200 kcal	2105 kJ 500 kcal
Protein (milk and soy)	3.75 g	7.5 g	18.75 g
Carbohydrates, of which	13.75 g	27.5 g	68.75 g
• sugar	1.1 g	2.2 g	5.5 g
Fat, of which	3.33 g	6.66 g	16.65 g
• saturated fatty acids	0.9 g	1.8 g	4.5 g
• of which MCT	0.5 g	1 g	2.5 g
• essential fatty acids	1.2 g	2.4 g	6 g
• ω-3 fatty acids	0.3 g	0.6 g	1.5 g
Fibre	1.5 g	3 g	7.5 g
Sodium	0.09 g	0.18 g	0.45 g
Water	83.5 ml	167 ml	417.5 ml
Potassium	150 mg	300 mg	750 mg
Calcium	50 mg	100 mg	250 mg
Magnesium	15 mg	30 mg	75 mg
Phosphorus	40 mg	80 mg	200 mg
Chloride	95 mg	190 mg	475 mg
Iron	0.8 mg	1.6 mg	4 mg
Zinc	0.8 mg	1.6 mg	4 mg
Copper	0.15 mg	0.3 mg	0.75 mg
Iodine	10 µg	20 µg	50 µg
Chromium	5 µg	10 µg	25 µg
Fluoride	0.1 mg	0.2 mg	0.5 mg
Manganese	0.15 mg	0.3 mg	0.75 mg
Molybdenum	10 µg	20 µg	50 µg
Selenium	5 µg	10 µg	25 µg
Vitamin A	0.05 mg	0.1 mg	0.25 mg
Vitamin D	0.5 µg	1 µg	2.5 µg
Vitamin E	0.6 mg	1.2 mg	3 mg
Vitamin K	3.5 µg	7 µg	17.5 µg
Vitamin B <sub>1</sub>	0.06 mg	0.12 mg	0.3 mg
Vitamin B <sub>2</sub>	0.1 mg	0.2 mg	0.5 mg
Vitamin B <sub>6</sub>	0.09 mg	0.18 mg	0.45 mg
Vitamin B <sub>12</sub>	0.25 µg	0.5 µg	1.25 µg
Vitamin C	4 mg	8 mg	20 mg
Niacin	0.9 mg	1.8 mg	4.5 mg
Folic acid	0.01 mg	0.02 mg	0.05 mg
Pantothenic acid	0.6 mg	1.2 mg	3 mg
Biotin	7 µg	14 µg	35 µg

Contents of package	Ordering number
Nutricomp® Standard Fibre Neutral	12 x 500 mL 200 6685
Nutricomp® Standard Fibre Nut	12 x 500 mL 200 6693
Nutricomp® Bag Standard Fibre, Neutral	12 x 500 mL 924 1515



Nutritionally complete dietary food for special medical purposes.

Rich in Fibre.

For the dietary management of malnutrition.