

Nutricomp® Standard

Standard Diet



Nutritionally complete dietary food for special medical purposes.
For the dietary management of malnutrition.

- Caloric density: 1 mL = 1 kcal
- High quality protein:
 - 60 % milk protein
 - 40 % soy protein
- Fat as a combination of
 - rapeseed oil
 - soy oil
 - MCT
 - fish oil
- **Balanced ratio of w-3, w-6 and w-9 fatty acids (1 : 3.5 : 4)**
- Carbohydrates as maltodextrin with high percentage of polysaccharides
- Caloric distribution (% kcal):
**protein : fat : carbohydrates
15 : 30 : 55**
- Free of gluten, purines, cholesterol, practically free of fibre and lactose
- Osmolality: 300 mosmol/kg
Osmolality: 250 mosmol/L

Indications

If nutritional support is indicated in patients

- with impaired nutrient uptake
- after trauma
- with malnutrition, consuming diseases, convalescence
- with gastroenterologic diseases
- with anorexia, e.g. geriatric and psychiatric patients

Contra-indications

- complete gastrointestinal dysfunction
- metabolic conditions that require a different nutrient selection (e.g. renal failure, decompensated liver cirrhosis)

Dosage

According to the requirements of the patient.
Average daily intake:
1,500 - 2,000 mL
(1,500 - 2,000 kcal)

Nutrition information	per 100 mL	per 200 mL	per 500 mL
Energy	421 kJ	842 kJ	2105 kJ
	100 kcal	200 kcal	500 kcal
Protein (milk and soy)	3.75 g	7.5 g	18.75 g
Carbohydrates, of which	13.75 g	27.5 g	68.75 g
• sugar	1.1 g	2.2 g	5.5 g
Fat, of which	3.33 g	6.66 g	16.65 g
• saturated fatty acids	0.9 g	1.8 g	4.5 g
· of which MCT	0.5 g	1 g	2.5 g
• essential fatty acids	1.2 g	2.4 g	6 g
• ω-3 fatty acids	0.3 g	0.6 g	1.5 g
Fibre	<0.1 g		
Sodium	0.09 g	0.18 g	0.45 g
Water	84 ml	168 ml	420 ml
Potassium	150 mg	300 mg	750 mg
Calcium	50 mg	100 mg	250 mg
Magnesium	15 mg	30 mg	75 mg
Phosphorus	40 mg	80 mg	200 mg
Chloride	95 mg	190 mg	475 mg
Iron	0.8 mg	1.6 mg	4 mg
Zinc	0.8 mg	1.6 mg	4 mg
Copper	0.15 mg	0.3 mg	0.75 mg
Iodine	10 µg	20 µg	50 µg
Chromium	5 µg	10 µg	25 µg
Fluoride	0.1 mg	0.2 mg	0.5 mg
Manganese	0.15 mg	0.3 mg	0.75 mg
Molybdenum	10 µg	20 µg	50 µg
Selenium	5 µg	10 µg	25 µg
Vitamin A	0.05 mg	0.1 mg	0.25 mg
Vitamin D	0.5 µg	1 µg	2.5 µg
Vitamin E	0.6 mg	1.2 mg	3 mg
Vitamin K	3.5 µg	7 µg	17.5 µg
Vitamin B ₁	0.06 mg	0.12 mg	0.3 mg
Vitamin B ₂	0.1 mg	0.2 mg	0.5 mg
Vitamin B ₆	0.09 mg	0.18 mg	0.45 mg
Vitamin B ₁₂	0.25 µg	0.5 µg	1.25 µg
Vitamin C	4 mg	8 mg	20 mg
Niacin	0.9 mg	1.8 mg	4.5 mg
Folic acid	0.01 mg	0.02 mg	0.05 mg
Pantothenic acid	0.6 mg	1.2 mg	3 mg
Biotin	7 µg	14 µg	35 µg

	Contents of package	Ordering number
Nutricomp® Standard Neutral	12 x 500 mL	200 6642
Nutricomp® Standard Vanilla	12 x 500 mL	200 6650
Nutricomp® Standard Caramel	12 x 500 mL	200 6634
Nutricomp® Standard Strawberry	12 x 500 mL	200 6620
Nutricomp® Standard Banana	20 x 200 mL	200 6618
Nutricomp® Standard Chocolate	20 x 200 mL	200 6600
Nutricomp® Bag Standard Neutral	12 x 500 mL	924 1507