

Nutricomp® MCT

Adapted to special metabolic conditions



Nutritionally complete dietary food for special medical purposes.

For the dietary management of impaired lipid digestion.

- Caloric density:
1 mL = 1.3 kcal
- High quality protein:
 - 60 % milk protein
 - 40 % soy protein
- **Fat as a combination of**
 - 60 % MCT
 - 40 % soy oil
- Carbohydrates as maltodextrin with high percentage of polysaccharides
- Caloric distribution (% kcal):
protein : fat : carbohydrates
17 : 30 : 53
- Free of gluten, purines, cholesterol, practically free of fibre and lactose
- Osmolality: 380 mosmol/kg
Osmolarity: 305 mosmol/L

Indications

If nutritional support is indicated in patients with

- impaired lipid digestion and metabolism
- steatorrhea
- impaired lymphatic drainage
- reduced bile acids
- pancreatic insufficiency
- malabsorption and maldigestion
- malnutrition, consuming diseases and convalescence

Contra-indications

- complete gastrointestinal dysfunction
- metabolic conditions that require a different nutrient selection (e.g. renal failure, decompensated liver cirrhosis)

Dosage

According to the requirements of the patient.

Average daily intake:

1,500 – 2,000 mL
(1,950 – 2,600 kcal)

Nutrition information	per 100 mL	per 500 mL
Energy	549 kJ 130 kcal	2745 kJ 650 kcal
Protein (milk and soy)	5.6 g	28 g
Carbohydrates, of which	17.1 g	85.5 g
• sugar	1.4 g	7 g
Fat, of which	4.4 g	22 g
• saturated fatty acids	3 g	15 g
· of which MCT	2.6 g	13 g
• essential fatty acids	1 g	5 g
Fibre	<0.1 g	
Sodium	0.101 g	0.506 g
Water	80 ml	400 ml
Potassium	187 mg	935 mg
Calcium	75 mg	375 mg
Magnesium	17 mg	85 mg
Phosphorus	50 mg	250 mg
Chloride	93.5 mg	468 mg
Iron	1 mg	5 mg
Zinc	1 mg	5 mg
Copper	0.19 mg	0.95 mg
Iodine	12 µg	60 µg
Chromium	6 µg	30 µg
Fluoride	0.12 mg	0.6 mg
Manganese	0.2 mg	1 mg
Molybdenum	10 µg	50 µg
Selenium	6.5 µg	32.5 µg
Vitamin A	0.06 mg	0.3 mg
Vitamin D	0.65 µg	3.25 µg
Vitamin E	0.75 mg	3.75 mg
Vitamin K	4.55 µg	22.8 µg
Vitamin B ₁	0.08 mg	0.4 mg
Vitamin B ₂	0.12 mg	0.6 mg
Vitamin B ₆	0.11 mg	0.55 mg
Vitamin B ₁₂	0.31 µg	1.55 µg
Vitamin C	5 mg	25 mg
Niacin	1.17 mg	5.85 mg
Folic acid	0.013 mg	0.065 mg
Pantothenic acid	0.75 mg	3.75 mg
Biotin	7 µg	35 µg
Contents of package		Ordering number
Nutricomp® MCT Neutral	12 x 500 mL	200 6162