

# Nutricomp® Diabetes

Adapted to special metabolic conditions



Nutritionally complete dietary food for special medical purposes.

Rich in Fibre.

For the dietary management of diabetes mellitus.

- Caloric density:  
1 mL = 1 kcal
- High quality protein:  
· 75 % milk protein  
· 25 % soy protein
- Fat from sunflower oil, rape seed and fish oil
- **rich in monounsaturated fatty acids**
- **Carbohydrates as starch**
- **1.5 % fibre with special prebiotic fibre composition**
- **Fortified with antioxidants (vitamin C, vitamin E, natural mixture of carotenoids)**
- **Contains phytochemicals from soy protein and extracts of green tea, citrus and grape seed**
- Caloric distribution (% kcal):  
**protein : fat : carbohydrates 16 : 32 : 52**
- Free of gluten, purines, cholesterol, practically free of lactose
- Osmolality: 250 mosmol/kg  
Osmolarity: 209 mosmol/L

## Indications

If nutritional support is indicated in patients with diabetes mellitus

- with impaired nutrient uptake
- after trauma
- with malnutrition, consuming diseases, convalescence
- with gastroenterologic diseases
- with anorexia, e.g. geriatric and psychiatric patients

## Contra-indications

- complete gastrointestinal dysfunction
- metabolic conditions that require a different nutrient selection (e.g. renal failure, decompensated liver cirrhosis)
- if fibers are contra-indicated

## Dosage

According to the requirements of the patient.  
Average daily intake:  
1,500 - 2,000 mL  
(1,500 - 2,000 kcal)

Nutrition information	per 100 mL	per 200 mL	per 500 mL
Energy	423 kJ 100 kcal	846 kJ 200 kcal	2115 kJ 500 kcal
Protein (milk and soy)	4.1 g	8.2 g	20.5 g
Carbohydrates, of which	12.9 g	25.8 g	65 g
• sugar	0.4 g	7.6 g	19.0 g
• starch	11.8 g	23.6 g	59 g
Fat, of which	3.5 g	7 g	17.5 g
• saturated fatty acids	0.5 g	1 g	2.5 g
• monounsaturated fatty acids	2.3 g	4.6 g	12 g
• essential fatty acids	0.7 g	1.4 g	3.5 g
• omega-3-fatty acids	0.25 g	0.5 g	1.25 g
Fibre	1.5 g	3 g	7.5 g
Sodium	0.1 g	0.2 g	0.5 g
Water	83.5 ml	167 ml	417.5 ml
Potassium	160 mg	320 mg	800 mg
Calcium	60 mg	120 mg	300 mg
Magnesium	25 mg	50 mg	125 mg
Phosphorus	50 mg	100 mg	250 mg
Chloride	95 mg	190 mg	475 mg
Iron	0.8 mg	1.6 mg	4 mg
Zinc	0.8 mg	1.6 mg	4 mg
Copper	0.15 mg	0.3 mg	0.75 mg
Iodine	10 µg	20 µg	50 µg
Chromium	10 µg	20 µg	50 µg
Fluoride	0.1 mg	0.2 mg	0.5 mg
Manganese	0.15 mg	0.3 mg	0.75 mg
Molybdenum	10 µg	20 µg	50 µg
Selenium	5 µg	10 µg	25 µg
Vitamin A	0.05 mg	0.1 mg	0.25 mg
Vitamin D	0.5 µg	1 µg	2.5 µg
Vitamin E	1.3 mg	2.7 mg	6.7 mg
Vitamin K	3.5 µg	7 µg	17.5 µg
Vitamin B <sub>1</sub>	0.06 mg	0.12 mg	0.3 mg
Vitamin B <sub>2</sub>	0.1 mg	0.2 mg	0.5 mg
Vitamin B <sub>6</sub>	0.09 mg	0.18 mg	0.45 mg
Vitamin B <sub>12</sub>	0.25 µg	0.5 µg	1.25 µg
Vitamin C	5.3 mg	10.6 mg	26.5 mg
Niacin	0.9 mg	1.8 mg	4.5 mg
Folic acid	0.01 mg	0.02 mg	0.05 mg
Pantothenic acid	0.6 mg	1.2 mg	3 mg
Biotin	7 µg	14 µg	35 µg

	Contents of package	Ordering number
Nutricomp® Diabetes Neutral	12 x 500 mL	200 6103
Nutricomp® Diabetes Vanilla	12 x 500 mL	200 6090
Nutricomp® Diabetes Fruit	20 x 200 mL	200 6111
Nutricomp® Bag Diabetes Neutral	12 x 500 mL	924 1523